

DNK HOBBY CLUB NOTICE -2019

*"Leisure is the best time
to do something Creative and Constructive"*

Dear Parents,

The Hobby Club of the School, Comprising the members of the dept. of Music, Art & Craft, Yoga & Physical Education has planned a unique 9 days long programme for the constructive utilization of the Post Exam Relaxation time for the students of Std-3 to Std-7 as per the following schedule.

Eligibility : Any child of the township within the age group of 8 Years to 13 Years

Participation Fees: 1. For Non DAV Participants: Rs.500/- (Rupees Five Hundred only)
2. For DAV students: Rs.000/- (Rupees Zero)

Duration: 2 Hrs every day

SL NO.	DATE	DAY	7:15 AM TO 8:15AM (ACTIVITY)	8:15AM TO 9:15AM (ACTIVITY)	REMARK
1	01/03/19	FRIDAY	Inaugural Havan followed by YOGA (Laughing Yoga & Yogic activity for Concentration)	MUSIC (Basic of music with instruments)	
2	02/03/19	SATURDAY	SPORTS (Basic of volley ball & coordination drill, Athletic events)	ART (Study of Nature)	
3	03/03/19	SUNDAY	SPORTS Game hand ball	YOGA Meditation/recovery	
4	04/03/19	MONDAY	MUSIC Patriotic song	ART Study of nature	(Rishibodh Diwas)
5	05/03/19	TUESDAY	SPORTS Run for fun	SPORTS /YOGA Stretching exercises	(Panchayatraj Diwas)
6	06/03/19	WEDNESDAY	YOGA (Surya Namaskar & advance posture /pyramid)	ART (Paper Bag Making)	
7	07/03/19	THURSDAY	SPORTS (hurdles drills with reaction abilities)	MUSIC (learning of different musical instrument & music skills)	
8	08/03/19	FRIDAY	SPORTS & YOGA (Basic of aerobics with music)	ART & MUSIC (Voice culture in music)	
9	09/03/19	SATURDAY	Aerobics for all	Recreation/feedback	

NOTE: Students are requested to come with

1. Sports dress like t-shirt, track pant, shoes etc. (without shoes you are not allowed for sports) activity.
2. School I-card and water bottle.
3. *Interested students can contact respective Hobby Club Teachers.*


**Coordinator
HOBBY CLUB**